

2025 saw WCOC juniors travelling to race and train in a mix of terrains from our local fells and south lakes forests to Swedish forests along with 2 competitions on sand dunes. Here is a look at what we have been up to in the last year:

Junior European Cup (JEC)

Emma and Dan both travelled from Edinburgh Uni to represent GB in Stirling and Loch Ard Forest for a sprint, a long and a relay. They both had solid races despite the event being hosted during Storm Amy turning the sprint into a slip n slide and the forest being so dense that quite a few competitors raced with headtorches even though it was the middle of the day.

Junior Home Internationals (JHIs)

Earlier in October, Isaac and Toby made the trek down to the south of Wales to run for England in the annual JHIs. On the Saturday's individual both had strong runs, finishing in top 10, and again on the relay but unfortunately one of Toby's teammates mis punched. Their performances helped England to take the win over Scotland in a very close competition- a great weekend for Isaac's last JHIs before he moves up into the m20 category.

Senior Home Internationals (SHIs) + Junior Inter Regional Champs (JIRC's)

M/W20s Dan, Issy and Daisy travelled back from uni to Cumbria to represent England at the SHIs on Torver common (individual) and Haverigg sand dunes (relay). Top 10 results from Issy and Dan along with 2 wins from Daisy helped England to claim another victory against the Scotland, Wales, and Ireland. Alongside this race was the JIRC's where WCOC had 7 runners- me, Isaac, Toby, Myrtle, Eva, Lily, Hannah- who, over the weekend raced well to bring NWJS into 4th overall.

In other news, 2 WCOC juniors became British champs this year- Daisy at the long, and a double Rennie victory for her and George at the sprints! Also, mine, Isaac's, and Toby's results over the year meant we got selected for our respective JROS tours which are an amazing experience and a great way to end summer with our friends. Isaac spent 10 days in Gothenburg, while me and Toby were off to Stockholm along with Emma as a junior coach.

We look forward to next year, hopefully just as successful as this year!

by Sophie Crawford